

CLINICALLY  
PROVEN  
TO SUPPORT  
MEMORY  
AS YOU AGE\*

HALEON

**Centrum**  
SILVER

**MEN 50+**  
COMPLETE MULTIVITAMIN

Supports heart, brain,  
eye health + muscle function\*\*



**200 Tablets**  
Multivitamin/Multimineral Supplement

\*This statement has not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease.

**SUGGESTED USE:** Adults: Take one (1) tablet daily with food. Not formulated for use in children. Do not exceed suggested use.

### Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% DV
Vitamin A 1,050 mcg (29% as Beta-Carotene)	117%
Vitamin C 120 mg	133%
Vitamin D <sub>3</sub> 25 mcg (1,000 IU)	125%
Vitamin E 27 mg	180%
Vitamin K 60 mcg	50%

Amount Per Serving	% DV
Thiamin 1.5 mg	125%
Riboflavin 1.7 mg	131%
Niacin 20 mg	125%
Vitamin B <sub>6</sub> 6 mg	353%
Folate 500 mcg DFE (300 mcg Folic Acid)	125%
Vitamin B <sub>12</sub> 100 mcg	4,167%
Biotin 30 mcg	100%

Amount Per Serving	% DV
Pantothenic Acid 10 mg	200%
Calcium 210 mg	16%
Phosphorus 20 mg	2%
Iodine 150 mcg	100%
Magnesium 75 mg	18%
Zinc 15 mg	136%
Selenium 21 mcg	38%
Copper 0.5 mg	56%

Amount Per Serving	% DV
Manganese 4 mg	174%
Chromium 60 mcg	171%
Molybdenum 50 mcg	111%
Lutein 300 mcg	*
Lycopene 600 mcg	*
*Daily Value (DV) not established.	

**Ingredients:** Calcium Carbonate, Magnesium Oxide, Ascorbic Acid (Vit. C), Microcrystalline Cellulose, Dibasic Calcium Phosphate, dl-alpha Tocopheryl Acetate (Vit. E), Maltodextrin, Croscopovidone. Contains <2%: Beta-Carotene, Biotin, Blue 2 Lake, Calcium Pantothenate, Cholecalciferol (Vit. D<sub>3</sub>), Chromium Piccolinate, Copper Sulfate, Cyanocobalamin (Vit. B<sub>12</sub>), Folic Acid, Hypromellose, Lutein, Lycopene, Magnesium Stearate, Manganese Sulfate, Medium-Chain Triglycerides, Niacinamide, Phytonadione (Vit. K), Polydextrose, Potassium Iodide, Pyridoxine Hydrochloride (Vit. B<sub>6</sub>), Red 40 Lake, Riboflavin (Vit. B<sub>2</sub>), Silicon Dioxide, Sodium Molybdate, Sodium Selenate, Talc, Thiamine Mononitrate (Vit. B<sub>1</sub>), Titanium Dioxide, Vitamin A Acetate, Yellow 6 Lake, Zinc Oxide.

Distributed by: Haleon, Warren, NJ 07059

Made in Canada

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If you are taking medications or supplements, and/or have medical conditions, talk to your healthcare provider before use.

**Keep out of reach of children.**

Store at room temperature. Keep bottle tightly closed.

Bottle sealed with printed foil under cap. Do Not Use if foil is torn.

Questions? Comments? Call 1-800-452-0051

For most recent product information, visit [www.centrum.com](http://www.centrum.com)

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^ B-Vitamins and lycopene help promote heart health.\*§

§ Not a replacement for cholesterol-lowering drugs.

Zinc and B-Vitamins help support normal brain function.\*

Vitamins A, C, and E and Lutein\* support healthy eyes.\*

\* This product is not intended to provide daily intake of lutein.

Take with a diet rich in fruits and vegetables.

Magnesium, Vitamins D and B<sub>6</sub> help support muscle function.\*

**Verified Non-GMO\* & Gluten Free!**

\*Read more about our Non-GMO standards on [centrum.com](http://centrum.com).

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