

CLINICALLY PROVEN TO SUPPORT MEMORY AS YOU AGE*

HALEON

Centrum

SILVER

MEN 50+

COMPLETE MULTIVITAMIN

Supports heart, brain, eye health + muscle function**



200 Tablets
Multivitamin/Multimineral Supplement

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USE: Adults: Take one (1) tablet daily with food. Not formulated for use in children. Do not exceed suggested use.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% DV
Vitamin A 1,050 mcg (29% as Beta-Carotene)	117%
Vitamin C 120 mg	133%
Vitamin D ₃ 25 mcg (1,000 IU)	125%
Vitamin E 27 mg	180%
Vitamin K 60 mcg	50%

Amount Per Serving	% DV
Thiamin 1.5 mg	125%
Riboflavin 1.7 mg	131%
Niacin 20 mg	125%
Vitamin B ₆ 6 mg	353%
Folate 500 mcg DFE (300 mcg Folic Acid)	125%
Vitamin B ₁₂ 100 mcg	4,167%
Biotin 30 mcg	100%

Amount Per Serving	% DV
Pantothenic Acid 10 mg	200%
Calcium 210 mg	16%
Phosphorus 20 mg	2%
Iodine 150 mcg	100%
Magnesium 75 mg	18%
Zinc 15 mg	136%
Selenium 21 mcg	38%
Copper 0.5 mg	56%

Amount Per Serving	% DV
Manganese 4 mg	174%
Chromium 60 mcg	171%
Molybdenum 50 mcg	111%
Lutein 300 mcg	*
Lycopene 600 mcg	*

*Daily Value (DV) not established.

Ingredients: Calcium Carbonate, Magnesium Oxide, Ascorbic Acid (Vit. C), Microcrystalline Cellulose, Dibasic Calcium Phosphate, dl-alpha Tocopheryl Acetate (Vit. E), Maltodextrin, Croscopovidone. Contains <2%: Beta-Carotene, Biotin, Blue 2 Lake, Calcium Pantothenate, Cholecalciferol (Vit. D₃), Chromium Picolinate, Copper Sulfate, Cyanocobalamin (Vit. B₁₂), Folic Acid, Hypromellose, Lutein, Lycopene, Magnesium Stearate, Manganese Sulfate, Medium-Chain Triglycerides, Nicotinamide, Phytanadione (Vit. K), Polydextrose, Potassium Iodide, Pyridoxine Hydrochloride (Vit. B₆), Red 40 Lake, Riboflavin (Vit. B₂), Silicon Dioxide, Sodium Molybdate, Sodium Selenate, Talc, Thiamine Mononitrate (Vit. B₁), Titanium Dioxide, Vitamin A Acetate, Yellow 6 Lake, Zinc Oxide.

Distributed by: Haleon, Warren, NJ 07059

Made in Canada

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If you are taking medications or supplements, and/or have medical conditions, talk to your healthcare provider before use.

Keep out of reach of children. Keep bottle tightly closed.

Store at room temperature. Keep bottle tightly closed. Bottle sealed with printed foil under cap. Do Not Use if foil is torn.

Questions? Comments? Call 1-800-452-0051

For most recent product information, visit www.centrum.com

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^ B-Vitamins and lycopene help promote heart health.*§

§ Not a replacement for cholesterol-lowering drugs.

Zinc and B-Vitamins help support normal brain function.*

Vitamins A, C, and E and Lutein* support healthy eyes.*

* This product is not intended to provide daily intake of lutein.

Take with a diet rich in fruits and vegetables.

Magnesium, Vitamins D and B₆ help support muscle function.*

Verified Non-GMO* & Gluten Free!

*Read more about our Non-GMO standards on centrum.com.

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