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Dentin tubule occlusion by modified stannous fluoride-containing dentifrices

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Aims

The widely accepted understanding of the physical occlusion of dentin tubules, providing relief from dentin hypersensitivity, has been well established over recent years[1]. Consequently, analytical techniques have been developed to characterise the formation and depth of occluding material on and in dentin, including the use of Focussed Ion Beam Scanning Electron Microscopy (FIB SEM)[2,3].

The aim of this study was to investigate, *in vitro*, the effect of modified Sensodyne Repair & Protect **(SRP)** dentifrices containing stannous fluoride and either high surface area silica **(HSAS)** or standard abrasive silica **(SAS)** on dentine tubule occlusion. The extent of occlusion was measured using Hydraulic Conductance to determine the reduction in % fluid flow rate and FIB-SEM to measure occlusion depth and in-tubule distribution.

Methods

Whole human dentin discs ~800µm thick were polished flat, etched in 10% citric acid solution (pH3.75) for two mins, rinsed in deionised water and divided into three dentifrice treatment groups (n=10) :-

i). SRP + HSAS; ii). SRP + SAS; iii). SRP Control

For Hydraulic Conductance samples were mounted in a split cell and an initial baseline flow rate measurement was made for each treatment group disc. Dentin samples were then treated twice daily for five days by brushing with the test dentifrices (electric toothbrush; 1.1g +/- 0.1g of dentifrice; 200g downward force for 10 seconds) followed by resting in the resultant slurry for 30 seconds, rinsing with deionised water and incubation in 20ml of fresh artificial saliva at 37ºC. Hydraulic Conductance measurements were made daily to assess the degree of fluid flow rate reduction by occlusion. After four days of treatment dentin samples were subjected to an acid challenge using proprietary grapefruit juice (Tesco Smooth – 1ml per minute flow for five minutes) followed by a final measurement (Day 5).

After these measurements samples were removed from split cells and prepared for FIB-SEM analysis. An FEI Helios 650i FIB/SEM instrument fitted with an Oxford Instruments 150 EDS detector was used with a 2keV, 200pA beam current in both secondary electron (SE) and back-scattered (BS) detection modes. For FIB-sectioning, ion milling was carried out with a 9nA beam current at 30keV for bulk removal of material.

Samples for SEM were gold-coated followed by cleaving, to investigate dentin tubule occlusion through the bulk material. To examine occlusion in the near-surface (throat) regions of tubules samples were FIB-sectioned and Pt coated prior to SEM analysis. Additional SEM imaging was carried out on the treated dentin surfaces to visibly assess “top-down” tubule occlusion.

Results

Hydraulic Conductance

The results of hydraulic conductance measurements on the three treatment groups over a five day period are summarised in fig. 1.

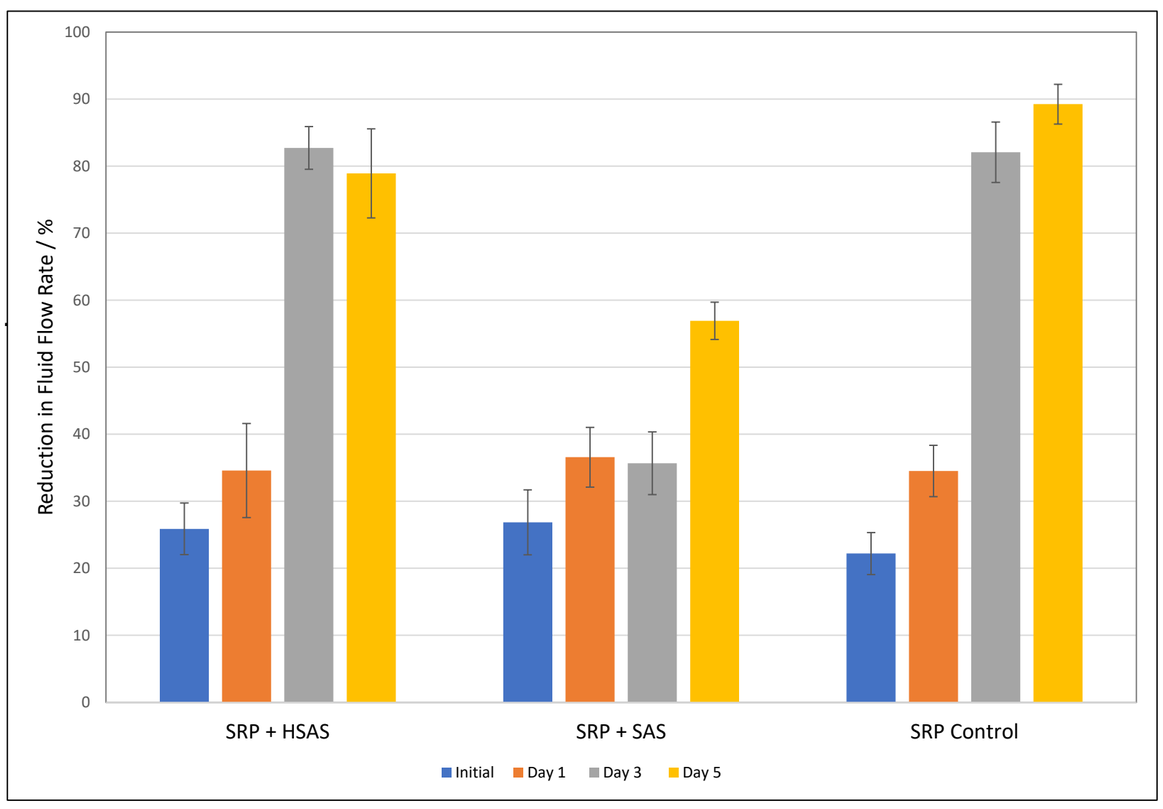

Figure 1. Hydraulic Conductance measurements of the reduction in fluid flow rate % with treatment

Data was statistically evaluated by one-way ANOVA and Tukey means comparison. All data sets were shown to be normally distributed, with probability factors >0.05, using the Shapiro-Wilks test.

All groups showed fluid flow reduction with progressive treatment and would therefore provide a level of tubule occlusion. SRP + HSAS and SRP Control showed similar fluid flow reduction over the five days with SRP + SAS having statistically inferior occlusion performance.

FIB-SEM – Occlusion in tubule throat regions

SEM analysis of FIB-sectioned samples showed wide variations in tubule occlusion in throat regions. To obtain representative mean values of occlusion depth approx. 100 – 150 tubules were examined per group. Typically, occluded material penetrated to a depth of ~1µm – 3µm, with SRP + HSAS and SRP Control having directionally higher mean depths c.f. SRP + SAS. Example FIB-SEM images are shown in fig. 2.

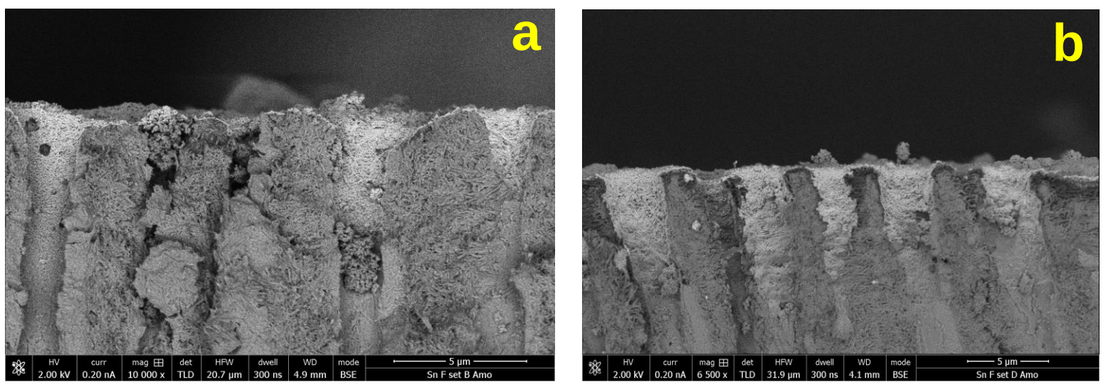

Figure 2. Example SEM images of FIB-sectioned samples – SRP + HSAS(a), SRP Control (b)

SEM Imaging of cleaved samples

Cleaved cross-sections of samples imaged at 50µm below the treated surface showed clear evidence for “texturing” along tubule lengths in SRP + HSAS group samples. The texturing material had a relatively amorphous appearance in most cases.

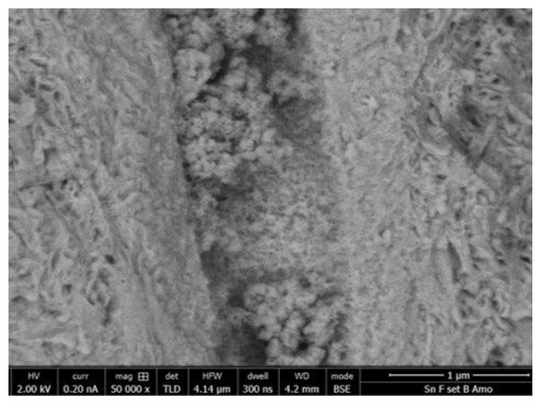

Fig. 3 shows the textured appearance of material within a tubule of SRP + HSAS. SRP + SAS and SRP Control samples showed significantly less in-filling of tubules at 50µm depth and along tubule lengths c.f. SRP + HSAS.

Figure 3. SEM image - cleaved section SRP Control– 50µm depth

SEM Imaging of Surface Features

Secondary electron images of the surface of treated samples (fig. 4) generally revealed a visually higher level of coarse material on SRP + HSAS c.f. SRP + SAS and SRP Control. The surface residue on the latter two groups tended to be finer and more uniformly dispersed. Top-down occlusion was visible on all three groups with SRP + HSAS and SRP Control having apparently higher tubule occlusion c.f. SRP + SAS.

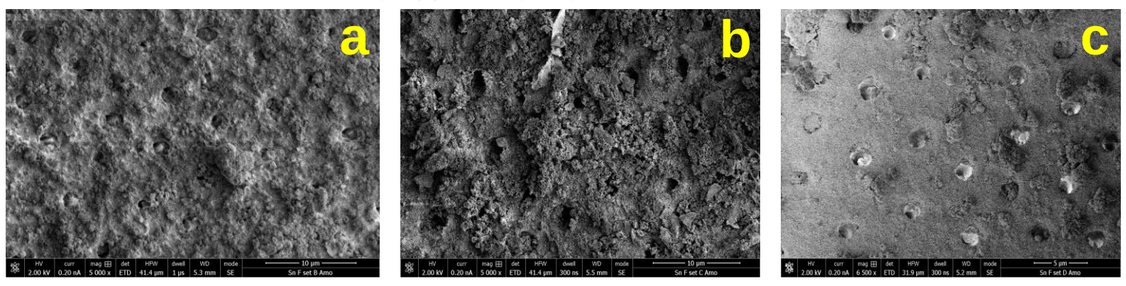

Figure 4. SEM images of treated surfaces :- SRP + HSAS (a); SRP + SAS (b) and SRP Control (c)

Conclusions

This in vitro study of dentin tubule occlusion by modified stannous fluoride-containing dentifrices has shown :-

- Equivalent reduction in fluid flow rates over five days for SRP + HSAS and SRP Control treatment groups, indicating similar occlusion effectivity
- Occlusion depths in tubule throat regions up to 3µm, with values for SRP + HSAS and SRP Control directionally higher than SRP + SAS
- Texturing by amorphous material at 50µm depth and along tubule lengths for SRP + HSAS group with significantly less filling for SRP + SAS and SRP Control.
- Top-down occlusion visible on dentin for all treatment groups with SRP + HSAS and SRP Control having apparently higher tubule occlusion than SRP + SAS.

References

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