



Discover the Voltarol Range

Product Name	Voltarol Osteoarthritis Joint Pain Relief 1.16% Gel	Voltarol Max Strength Pain Relief 2.32% Gel
Active Ingredient	Diclofenac diethylammonium	Diclofenac diethylammonium
Packshot		
Where to Buy	Pharmacy	
Key Message	Proven to be as effective as ibuprofen tablets for joint pain <sup>5</sup>	All-day joint pain relief *
Pack sizes	30g, 50g, 100g	30g, 50g, 100g
Indication	For the relief of pain and inflammation in osteoarthritis. Also for relief of pain and inflammation in: <ul style="list-style-type: none"><li>• muscles</li><li>• sprains and strains</li><li>• joints</li></ul>	For relief of pain and inflammation in the joints and osteoarthritis. Also for relief of pain and inflammation in: <ul style="list-style-type: none"><li>• muscles</li><li>• sprains and strains</li></ul>
Duration of treatment	Use for up to 14 days	Use for up to 14 days
Unique Selling Points	Topical NSAIDs are recommended as a first line treatment for pain from Osteoarthritis <sup>6</sup>  Low risk of systemic side effects, including gastrointestinal events.  100g also features an easy-to-open cap designed for arthritis sufferers.	Over 3x more effective in relieving joint pain. <sup>†</sup>  Contains a permeation enhancer for increased permeation of diclofenac through the skin. <sup>††</sup>  100g pack opens with one easy click.

\*apply twice daily. †vs placebo. ††Up to 3-fold increase in an *in vitro* study vs diclofenac diethylamine 1.16% gel.

**Product Information: Voltarol Back & Muscle Pain Relief 1.16% Gel, Voltarol Max Strength Pain Relief 2.32% Gel, Voltarol Joint & Back Pain Relief 2.32% Gel, Voltarol Osteoarthritis Joint Pain Relief 1.16% Gel (diclofenac diethylammonium).** **Indications** Local symptomatic relief of pain and inflammation in trauma of the tendons, ligaments, muscles and joints e.g. due to sprains, strains and bruises, and localised forms of soft tissue rheumatism. *Osteoarthritis and Max Strength Gel only:* Relief of pain of non-serious arthritic conditions. **Dosage and method of use** Adults and children aged 14 years and over. Gently rub 2-4 g into skin of affected site. If symptoms worsen or do not improve within 7 days, seek medical advice. *Back & Muscle Gel:* Apply 3-4 times daily for up to 7 days. Leave at least 4 hours between applications. No more than 4 applications in 24 hours. Maximum daily dose 16 g. *Max Strength Pain Relief:* Apply 2 times daily (morning and evening) for up to 14 days. Maximum daily dose 8 g. Not for use for longer than 14 days unless recommended by doctor. *Joint & Back Pain Relief:* Apply 2 times daily (morning and evening) for up to 7 days. Maximum daily dose 8 g. Not for use for longer than 7 days unless recommended by doctor. *Osteoarthritis Gel:* Apply 3-4 times daily for up to 14 days. Maximum daily dose 16 g. Not for use for longer than 14 days unless recommended by doctor. Consult doctor if more than two major joints affected. **Contraindications** Patients whose asthma, angioedema, urticaria or acute rhinitis are precipitated by aspirin or other NSAIDs. Hypersensitivity to diclofenac, aspirin, other NSAIDs or excipients. Third trimester of pregnancy. Children under 14 years. **Precautions** Do not use on large areas of skin and over a prolonged period. Do not smoke and avoid naked flames. Avoid excessive exposure to sunlight to avoid photosensitivity. Contains propylene glycol and butylhydroxytoluene which may cause skin irritation. Apply only to intact, non-diseased skin. Do not use with occlusion. Avoid ingestion or contact with eyes or mucous membranes. Caution in patients with previous or active peptic ulceration; suffering from/previous history of asthma or allergic disease. Discontinue use if skin rash develops. Caution with concomitant use of other diclofenac products or systemic NSAIDs. **Side effects** See SPCs for full details. Rash, erythema, pruritus, dermatitis, eczema. Hypersensitivity (including urticaria), angioedema. Asthma. Photosensitivity reactions. Desquamation, skin discolouration. **Product licence number, legal category, pack size and RSP (excl. VAT)** *Back & Muscle Gel:* PL 44673/0156 (GSL) 30 g £5.41, 50 g £7.49, 100 g £12.08. *Max Strength Pain Gel:* PL 44673/0154 (P), 30 g £7.08, 50 g £9.99, 100 g £15.58. *Joint & Back Pain Gel:* PL 44673/0160 (GSL), 30 g £7.08, 50 g £9.99. *Osteoarthritis Gel:* PL 44673/0155 (P), 30 g £5.41, 50 g £7.49, 100 g £12.08. **PL holder** Gels: Haleon UK Trading Limited, The Heights, Weybridge, KT13 0NY, U.K. **Date of preparation:** Jan 2024.

**Voltarol One a Day Muscle Pain Relief 140mg Medicated Plaster (diclofenac sodium).** **Indications** Local symptomatic relief of pain in acute strains, sprains or bruises of the extremities following blunt trauma. **Dosage and method of use** *Adults and adolescents from 16 years of age:* Apply one plaster to the painful area once daily.

Voltarol Back & Muscle Pain Relief 1.16% Gel	Voltarol Joint & Back Pain Relief 2.32% Gel	Voltarol ONE A DAY Muscle Pain Relief 140mg Medicated Plaster
Diclofenac diethylammonium	Diclofenac diethylammonium	Diclofenac sodium
Self Select		
Scientifically proven to relieve pain, reduce inflammation and restore movement <sup>7</sup>	All-day joint and back pain relief *	24hr medicated plaster for continuous release of diclofenac <sup>2</sup>
30g, 50g, 100g	30g, 50g	2 pack, 5 pack
For relief of pain and inflammation in back and muscles. Also for relief of pain and inflammation in: <ul style="list-style-type: none"><li>• joints</li><li>• sprains and strains</li></ul>	For relief of pain and inflammation in the joints. Also for relief of pain and inflammation in: <ul style="list-style-type: none"><li>• muscles</li><li>• sprains and strains</li></ul>	For local symptomatic short-term treatment of pain in acute strains, sprains or bruises of the extremities following blunt trauma
Use for up to 7 days	Use for up to 7 days	Use for up to 7 days
Effective treatment for body pain amenable to topical medicines.  100g pack size also available with no mess applicator.	Clinically proven to penetrate through the skin and deep in the joint.  Contains a permeation enhancer for increased permeation of diclofenac through the skin. <sup>††</sup>	Comfortable to wear, ultra-thin and discreet. Unlike most heat patches,the plaster contains an anti-inflammatory ingredient which helps treat pain directly at its source.

Maximum daily dose is 1 plaster, only one painful area can be treated at a time. Do not use for longer than 7 days. *Elderly:* Use with caution. If symptoms worsen or use is needed for more than 7 days, consult a doctor. **Contraindications** Hypersensitivity to diclofenac, aspirin, other NSAIDs or excipients. Patients whose asthma, angioedema, urticaria or acute rhinitis are precipitated by aspirin or other NSAIDs. Third trimester of pregnancy. Patients with an active peptic ulcer or damaged skin, whatever the lesion involved. Use in children under 16 years of age. **Precautions** The plaster must not come into contact with or be applied to the eyes or mucous membranes. Use the lowest dose for the shortest time. Bronchospasm may occur in patients who suffer or have previously suffered from bronchial asthma or allergies. Immediately stop treatment if a rash occurs. Warn patients against exposure to sunlight or solarium radiation after removal of the plaster to reduce risk of photosensitisation. Systemic adverse events cannot be excluded if the preparation is used on large areas of skin and over a prolonged period. Use with caution in patients with impaired renal, cardiac or hepatic function, a history of a peptic ulcer, inflammatory bowel disease or haemorrhagic diathesis. Use with caution in the elderly. Do not use with other diclofenac or NSAID medicinal products, topical or systemic. Contains butylated hydroxyanisole which may cause local skin reactions or irritations to the eyes and mucous membranes. **Side effects** *Common:* Rash, erythema, pruritus, dermatitis, eczema and application site reactions. All other side effects are rare or very rare, see SPC for full details. **Product licence number, legal category, pack size and RSP (excl. VAT)** PL 44673/0228, GSL, 2 pack £8.33, 5 pack £18.32 **PL holder** Haleon UK Trading Limited, The Heights, Weybridge, Surrey, KT13 0NY, U.K **Date of revision** September 2024.

**References:** **1.** Haleon Data on File. **2.** Haleon data on file (Q16-10-02) **3.** Brune K. Curr Med Res Opin. 2007 Dec;23(12):2985-95. **4.** Rainsford KD, et al. Curr Med Res Opin. 2008 Oct;24(10):2967-92. **5.** Zacher J, et al. Curr Med Res Opin. 2008 Apr;24(4):925-50. **6.** NICE Clinical Knowledge Summary: Osteoarthritis management. Available at: <https://cks.nice.org.uk/topics/osteoarthritis/management/management/>. **7.** Predel H G et al. BMC Musculoskeletal Discord. 2013;14:25.

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