

Four simple steps to keep dentures at their best

1



BRUSH YOUR DENTURES DAILY

*Use a non-abrasive cleaner,
not toothpaste*

2



SOAK YOUR DENTURES DAILY

*Use a denture cleanser
to remove more plaque and
disinfect your dentures*

3



LEAVE YOUR DENTURES OUT AT NIGHT

*Helps to relieve any soreness
and prevent infection*

4



VISIT YOUR DENTIST REGULARLY

*Ensures your mouth
remains healthy*

**A simple daily routine for clean dentures
that promotes well-being and general health**